

Gluten Free Menu

Hot food Served 11.30am – 2.00pm

Soup

served with roll and butter (M)

Pea and mint soup (ve) (C) **£4.25**

Tomato and roast pepper soup(ve) (C) **£4.25**

Mains

Fresh battered cod and chips with mushy peas or baked beans served with tartar sauce and a lemon wedge (Mu,E,S,F,SU) **£9.95**

Chunky beef chilli served with spiced potato wedges, salsa, sour cream and a salad (M,Su) **£9.95**

Vegan Roast vegetable lasagne with Rocket, cherry tomato and olive salad, balsamic dressing (S,Su) (Ve) **£8.95**

Sides

Chunky chips **£2.80**

House salad (Su) **£2.50**

Cold food Served 10.00am – 4.00pm

Sandwiches

All served on white or brown bread - please specify when ordering

Tuna mayonnaise and cucumber (E,F,L,M) **£3.95**

Egg mayonnaise and cress (E,L) (V) **£3.95**

Honey roast ham and red onion coleslaw (E,L) **£4.30**

Roast beef, horseradish and salad (E,L,M,Mu,Su) **£4.30**

Salad £5.95

Chicken caesar salad with fresh parmesan (F,M,Su)

Beetroot Falafel and hummus salad with red pepper dressing (Ve) (SS,Su)

Children's lunch box £4.95

Children's mini motorist lunch box - Sandwich (ham, cheese or tuna), Pom Bear crisps, Apple (apple juice, orange juice or water is included) (F,L,M,S,Su)

Cakes

Chocolate Fudge cake slice (E,M,S) **£3.50**

Carrot cake slice (E,M) **£3.50**

Dietary Information

V - Vegetarian Ve – Vegan



C	Celery	M	Milk
Cr	Crustaceans	Mo	Molluscs
E	Egg	Mu	Mustard
F	Fish	N	Nuts
G	Gluten	SS	Sesame Seeds
L	Lupin	S	Soya
P	Peanuts	Su	Sulphites